



# North West College of Homoeopathy

Professional Course in Homoeopathic Medicine  
(Part-time)

## Prospectus

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*"The college provides a thorough, coherent and inspiring training in homoeopathy. The sense of a supportive community is one of its hallmarks, a community that continues long after the student has graduated."*

**Janet Snowdon, Guest Lecturer**



**Hello**

**Welcome to The College**

Voltaire, the eighteenth century French philosopher, wrote:

“Doctors are people who prescribe medicines of which they know very little to cure diseases of which they know less in humans of which they know nothing”.



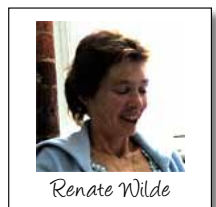
A homoeopathic education ensures a full understanding of the remedies we use (tested on humans), an approach to disease which encompasses the whole body experience, and a challenge to grow in our understanding of humanity through both our ability to listen to, observe and heal others, and becoming better aware of our selves. It’s an exciting time.

Hahnemann, homoeopathy’s founder, gave the college its motto, ‘Dare to be Wise,’ defining the elements of wisdom as insight, discrimination (in the positive sense of sound judgement), knowledge and awareness. It’s a challenge we seek to live up to, and to share with you.

Students of our College receive a training and education matching the highest standards of the profession. If you want to heal and grow, I hope you find what you are looking for in this prospectus, and I look forward to meeting you.

Yours sincerely

**George Garlick**  
**Chair**



## **Sharing Co-operation, Showing Enterprise**

The College is the sum of the goodwill and labours of all its parts: students past and present, teachers, clinicians, supervisors and staff. It is with this truth in mind that in 2008 we became a social enterprise, with shares available to anyone who wants a stake in our mission. As a student of the College, you will have a share and be one of its owners. Shares are non-profit distributing; we aim to cover costs.

Our students are known for their creativity in many enterprises, past and present. Graduates have variously been the Chair and Vice Chair of the Society of Homeopaths, and responsible for its Journal, Ethical Practice and Research functions. They have set up or run homoeopathy courses at Salford University, the University of Central Lancashire (including their Masters programme) and Purton House/Thames Valley University. They have initiated and practised in low cost clinics and Sure Start projects. Five of them, with two alumni of other schools, and three co-opted members (two current students and one lecturer) make up the College Board.

## **Our Mission Statement**

### **We seek to:**

Provide homoeopathic education grounded in clinical and theoretical excellence, living up to Hahnemann's motto of "Dare to be Wise," and building insight, discernment, awareness and knowledge throughout.

### **We offer:**

- A thorough grounding in philosophy, theory and practice; with a clear foundation in Hahnemannian and classical principles, so that modern developments can be built on securely.
- An evolving understanding of the human being, from the exterior to the interior (so that the deepest pathology is studied later) underpinned by a well constructed understanding of anatomy, physiology and pathology. With a case-taking perspective throughout, students can develop in safe clinical practice, where they can effectively integrate all their knowledge.
- An education as holistic and deeply grounded as homoeopathy itself, with students growing in self knowledge, wisdom and spiritual awareness, into well rounded, confident, and skilled practitioners, able to make a reasonable living as a genuine

practitioner of the medical art; being professionally competent and able to withstand the most vigilant scrutiny.

### **We aim to:**

Conform to the Society of Homeopath's Code of Ethics in all aspects of our activity.

Model a balance of participation and management in our operations as a social enterprise.

Conduct our business both ethically and professionally.

## **Structure and Requirements**

The part-time course runs for four-years. Direct teaching is delivered on one weekend each month for eleven months of the year (September – July). Students are continually assessed throughout the course with regular feedback on written academic work and practical aspects of training. The first year of the course is designed to introduce students to Homoeopathic Science. For those who wish to have an introduction and sound foundation to homoeopathic knowledge but do not wish to become professional homoeopaths there is a Certificate of Completion for this Foundation Course.

## **Admission requirements**

The academic standard and structure of the course is similar to that of a first degree. Students should be over the age of 21 before starting the course. Applicants should be able to apply themselves to consistent study, be able to cultivate an open and tolerant mind, and be interested in people. They should seek to understand the nature of life and the world as it is. No previous medical training is required. Applicants will normally be expected to attend the college for interview. Many of our students have not studied academically for some time and there is often a 'bedding in' period when study skills are sharpened up. Two of the main ingredients for success are enthusiasm and self-motivation and these can take you a long way.



## **About the College logo**

The chalice is a symbol of the mind centre, or ajna chakra, and the motto 'Dare to be wise' was Samuel Hahnemann's own, 'Aude Sapere'.

## How the course works

Year	Practice		Theory	
1	<ul style="list-style-type: none"> <li>• Observation and communication</li> <li>• Treating everyday illnesses at acute clinics</li> </ul>		<ul style="list-style-type: none"> <li>• Fundamental principles of health</li> <li>• Homoeopathic philosophy of disease and cure.</li> <li>• Remedies for everyday illnesses (acutes)</li> <li>• Anatomical systems of the body</li> </ul>	150 hours of assessed clinical
2	<ul style="list-style-type: none"> <li>• Hearing and perception</li> <li>• Practising case taking in chronic clinics</li> <li>• Observing case taking</li> </ul>		<ul style="list-style-type: none"> <li>• Principles and methodology of case taking</li> <li>• Patterns of health and health inheritance</li> <li>• Common remedies for long term, limiting (chronic) illness</li> <li>• The senses</li> </ul>	
3	<ul style="list-style-type: none"> <li>• Unprejudiced observation in the clinic</li> <li>• Treating own cases Supervision</li> <li>• Live cases in College with group analysis</li> </ul>	Minimum of 10 supervised own cases	<ul style="list-style-type: none"> <li>• Ethics of treatment, and prescribing</li> <li>• Own casework – format and methodology</li> <li>• Remedy families</li> <li>• Serious pathology and complex cases</li> <li>• Childbirth and childhood</li> </ul>	
4	<ul style="list-style-type: none"> <li>• Treating own cases with second supervisor</li> <li>• Testing different case analysis techniques</li> <li>• Building and marketing your practice</li> <li>• Possible participation in testing a remedy</li> </ul>			

## Why Study With Us?

The College offers a well-organised, responsive, student centred classical training in homoeopathy. We enjoy the benefits of experienced and committed teaching staff and have a well developed network of regional support groups to encourage and promote learning in-between college weekends.

We also have a strong team of trained supervisors who provide person-centred, case based and developmental supervision to students. The College runs a pioneering clinical training programme using the foundations of our well established and successful teaching clinics.

We are fully recognised as an educational provider by the Society of Homeopaths. This means that completion of the course leads automatically to registration with the Society as a professional homeopath.

At the heart of the College is our collective approach. We are at the cutting edge of homoeopathic education today; whilst some colleges have sadly had to close their doors, we have adapted and evolved into a dynamic and exciting opportunity for the development of homoeopathic education and for hands-on personal ownership of the process and provision. This means that there are regular feedback sessions for students to discuss their needs and shape their learning.



## Creative Teaching

We know that people learn in different ways. So, we have a variety of teachers for each subject, and you experience a range of approaches and understanding. As a result, you can pick up the building blocks to become the homoeopath you are meant to be.

Our core teaching staff members are among the most experienced lecturers teaching at homoeopathic colleges. We are also fortunate in being able to attract high-profile guest speakers to the teaching weekends. You can see profiles of the individual lecturers on our website ([www.nwch.co.uk](http://www.nwch.co.uk)). In addition, many of our regular tutors and supervisors are past students of the college who really understand the student experience.

**During the teaching weekends we enable students to learn in a number of different ways including:**

- Lectures
- Workshops and small group work
- Practical training: pairs, triads and group discussion
- Live cases and video cases
- Tutorials

**Teaching content is comprised of:**

- Materia Medica (Homoeopathic Remedies) 30%
- Homoeopathic Philosophy 25%
- HB&P (Human Biology and Pathology) 15%
- PPD (Personal and Professional Development) 10%
- Repertory and casework 20%



## **Friendly Informal Setting**

Lectures take place in modern facilities at the Didsbury Campus of Manchester Metropolitan University. We have been settled at the Didsbury Campus for more than 15 years now. The classrooms are spacious and comfortable and lecturers have access to computer and video/DVD facilities to help them deliver their presentations.

Students have access to a range of resources, such as the bookshop and library. There is a canteen onsite where refreshments and meals are available. Across the road there are the botanical gardens to explore and the village of Didsbury.

## **Big on Variety, Small Enough to Care**

Over 250 Homoeopaths have received their licence to practice from us over the years and there is a great atmosphere at the teaching weekends when students from different year groups gather together to learn.

We place emphasis on offering quality and variety in our teaching, efficient administration, and student support and responsiveness. We like to get to know our students as individuals and encourage communication between year groups and staff.

## **Continual Assessment**

The academic work that students are required to complete is assessed by a variety of methods, balanced between traditional methods of assessment and self-assessment/evaluation. The work is designed to be stimulating, creative and challenging.

There are no exams at the end of each year - instead, students receive regular and extensive feedback on their work through our continual assessment programme.

This involves the collation of a portfolio which includes:

- Written project work and short assignments.
- Self assessment sheets from your clinical training which logs your progress.
- Detailed bi-annual reports from trained college supervisors once you take on your own patients in years three and four.
- Constructive feedback and a report when you are observed taking a consultation.

## **Clinical Experience at Busy Live Clinics**

Students currently need to complete 150 hours of clinic participation in total, during years two, three and four. In liaison with our clinical team we will also support you to complete some of your clinical observation closer to where you live.

One of the great strengths of the College is its teaching clinics. The clinics typically attract a wide variety of patients from the local community and further afield. The clinic is a key focus of your education.

Clinical experience involves up to four students 'sitting in' in a clinic with a practitioner. These are busy days, usually six hours in length, where there is a chance to discuss cases with peers and the practitioner. Students generally find the experience demanding but extremely worthwhile, highlighting your strengths and areas for further development.

Direct clinical experience exposes the student to different approaches and theoretical applications current in homeopathy today, as well as a variety of practitioners. Our pioneering 'block booking' of clinic spaces allows students to stay with a case from the start, observing and assessing homoeopathic progress live and for themselves, making optimum use of their time and learning. This approach gives students valuable case management experience as well as learning the practicalities of running a practice as a business.

We also have arrangements with homoeopaths in various parts of the country to enable you to broaden your learning and to make connections and networks in your own area.



## **One To One Supervision Programme**

During years three and four, when you take responsibility for treating ten or more patients of your own, you will work with two different case supervisors, progressing from one supervisor to the next, developing your skills as you go.

All clinical work stems from the development of the 'Reflective Practitioner', so whilst you are under supervision you are looking closely at your own progress and development. The idea is that students become very self-aware which enables them to perceive the 'centre of the case'.

This is an intense and sustained process, working individually with supervisors and clinicians. All the college supervisors are trained in person-centred supervision. 'Person-centred supervision' is based on the key theme of mutuality, which means that there is a shared responsibility for the learning process. The learning style is a combination of supervisor-facilitated learning and student-directed learning. However, for this process to occur there needs to be an environment of empathy, respect and congruence. The College recognises that supervision training is a critical part of the student experience.

## **Medical Science included in the Syllabus**

This is an essential component of the overall training programme. It provides a perspective on medical practice. This training enables you to understand your patient's medical history of orthodox treatment and therefore practice homoeopathy safely, competently and appropriately. It also opens avenues with other medical practitioners.

The study of human biology and pathology consists of a comprehensive review of the systems of the body, their function and dysfunction. Wherever possible this is related to the homoeopathic repertories (reference books which give details of symptoms and remedies). The studies include allopathic drug effects, how to interpret their impact on the patient and their effect on homoeopathic treatment. Emphasis is placed on a safe approach in practice.



## **Access To A Range Of Student Support Services**

“The College practices what it preaches. I had a problem, I was listened to, was asked to explain further, and then was offered clear ways forward and all the while being encouraged to take responsibility for my own learning. Very Homoeopathic.”

*College Graduate*

### **Student Support**

Student support is in place to guide you through non-academic issues that may interfere with your training; these can be personal or financial, for example. We also help with issues arising from the personal development aspects of the course, guiding you to additional support as needed. Pastoral support is available at least one day per College weekend.

### **Regional Support Groups**

All students are encouraged to attend monthly meetings close to where they live, between College weekends. These meetings may be facilitated by a tutor but are often student-led. Students can choose which group they join.

### **Student Representatives**

One or two elected representatives from each year group act as a means of liaison between staff and the year group. This ensures a two-way flow of information about general college matters. Formal meetings are held once every two months.

### **Administration Team**

Practical issues such as clinic information, assessment procedures, payments etc. can be dealt with through the College office.

## Self-Awareness and Reflection

Personal and Professional Development starts in year one, and evolves in years two and three as students prepare for and start on their 'own case' work.

Reflection on learning and development is encouraged from the beginning and is part of the assessment process at every point of contact with patients.

Working as a homoeopath involves all aspects of your being. Personal development is therefore viewed as an ongoing process.

Embarking on a course to become a homoeopath is to begin a transformation of the way you perceive, think and relate. Your own spirit, values and feelings are crucial because your healing work involves you in connecting to all these levels of other people's lives.

The skills being developed in this area are self-reflection, careful observation and aspiring to become free from prejudice. In the safe, confidential and mutually supportive environment of the year group, students develop their practice of active listening, appropriate response and self-observation, which form the basis of the 'case taking' role of the homoeopath.

The diagnosis we make is individualised to each particular patient. This makes our treatment and advice much more effective. It also respects the uniqueness of each individual. It means that each person we treat is also our teacher, offering us new insights into the richness and diversity of our healing art.

Exploring our own nature makes us more self-aware; self-awareness is necessary for clearly perceiving the patient and for facilitating the creation of the "sacred space" in the consultation, within which healing can begin.



## Recognised Professional Qualification

Your professional qualification is recognised by the Society of Homeopaths, the Alliance of Registered Homeopaths and the Homeopathic Medical Association.



## Finding Out More

### Open Days

We offer prospective students an opportunity to come and visit us during our teaching weekend to get a feel for the College, to experience a lecture with the first year group and to have lunch and a chat with students.

We provide an introduction to the college, a chance to meet the lecturers and students and you can purchase books in our bookshop. Many students have found this a useful way to decide whether the College fits their training requirements, and our first year students enjoy sharing their experiences.”

Check out the News section of the College website at [www.nwch.co.uk](http://www.nwch.co.uk) or call **0161 975 6205** for details of forthcoming open days and to book your free place.

### Interviews

An interview is necessary to join our course. It gives you the chance to discuss aspects of the course on a one-to-one basis and gives us the chance to meet you. Should we mutually agree that our course is right for you, you will be given advice about what you can do to prepare for your training.

To arrange an interview simply send in your completed application form and we will arrange a convenient time to meet with you. Please note we can make alternative arrangements for a phone interview if you are applying from overseas.

## What our students say

*"Choosing to study classical homoeopathy at the College was one of the best decisions of my life. The curriculum and quality of teaching is inspiring and the acute and chronic clinic experience helps reinforce theory into practice. It is an extremely friendly, relaxed, informal yet highly supportive environment with an established supervision structure - enabling and encouraging you to spread your wings.....at you own pace. I would highly recommend this course to anyone embarking on their own homoeopathic journey with a view to becoming a highly skilled, confident, autonomous practitioner of classical homoeopathy".* **Year Two Student**

*"I have found the course content and teaching both empowering and enlightening".* **Year One Student.**

*"The College provides a great working environment in which to explore homoeopathy. We are kept up to date on new developments through the outside speakers programme, and having fellow students ensures that networks are being built every weekend. I've really enjoyed my time at the College".* **Year Four Student**

*"The College encouraged & inspired me, laid a firm foundation for my practice and set me off on a rewarding journey of discovery about health and healing which continues to amaze and fascinate me".* **Graduate**

*"I am finding the course exciting and inspiring. The workload is well-paced and do-able, with loads of practical work, and I have never been made to feel stupid. The unexpected bonus for me is all the new like-minded friends!"*

**Year One Student**

*"Two things struck me most forcibly at the college. Here were ideas that will keep me fascinated and exploring until I die; and, here was a community of very diverse people, all of whom had something to teach me, and many of whom I'd trust with my life".* **Graduate**



## **North West College of Homoeopathy (Manchester) Ltd**

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